











Camp Topics include:

-  Football fundamentals
-  Quarterback play
-  Running back play
-  Lineman skills
-  Linebacker techniques
-  Defensive back techniques
-  Weight training
-  Nutrition
-  Proper practice mechanics
-  Speed enhancing drills

The camp will be under the direction of the New Manchester High School Football Staff, current, and former players. Each young man will be coached by some of the best coaches in the state. New Manchester position coaches will serve as camp instructors. The camp is designed to give the participants a maximum number of drill periods on all phases of the game. Participants will be divided into small groups to increase the improvement opportunities and the individual instruction.

If you would like your son to have the opportunity to learn the fundamentals of football and lay the foundation for a future champion, please fill out the attached application and return it to New Manchester High School promptly.

Camp Information

Date: June 19-21
Time: 8:00 AM – 5PM
Place: New Manchester High School Football Stadium
Cost: \$125.00
Needed: Shorts, Shirt, Cleats, and Tennis Shoes

Online Registration

<https://tinyurl.com/y3k4ar89>

New Manchester Youth Football Camp

Walk-up registrations are welcomed

Forms of Payments

- Cash
- Debit/Credit Card (Online only)
- Money Order*

*Please make all money orders payable to:

New Manchester Football

Registration Form

Name _____

Age _____

Shirt Size _____

Address _____

School _____

Parent or Guardian _____

Business/Cell Phone _____

(____) _____ - _____

Home Phone _____

(____) _____ - _____

Emergency Contact Name & Number _____

(____) _____ - _____

Doctor's Name _____

Phone (____) _____ - _____

I approve of the participant's attendance at the New Manchester High School Football Camp and certify that he is in good health and able to participate in the camp activities. In case of accident, injury, or illness, New Manchester HS coaches, staff, and /or other medical personnel have my permission to use their best judgement in the care of my child.

Parent/Guardian

Date

Insurance Company / Policy Number

Daily Schedule

8:00am

Registration/Breakfast

9:00am

Camp Welcome

9:15am

Warm-up/ Stretching

9:30am/2:00pm

Speed Training

9:50am/2:50pm

Break

10:00am/3:00pm

Offensive Break-Out Sessions

10:25am/3:25pm

Break

10:30am/3:30pm

Defensive Break-Out Sessions

10:55am/3:55pm

Break

11:05am/4:05pm

Tiger Ball/ Testing

11:45am/4:45pm

Weight Room/ Nutrition

12:30pm/5:00pm

Lunch

1:30

Film Study

Thank you for your
tremendous support. We hope
to see you at the games!!!



For additional information:

Coach Whitley

Cell: 404-966-5208

Email:

Kevin.whitley@dcssga.org or

kwhit4@yahoo.com

Jaguar Football

4925 GA-Hwy 92/166
Douglasville, GA 30135

New Manchester Jaguars Youth Football Camp Grades 2-8

June 19th -21st

8:00am-5:00pm



**4925 GA-Hwy 92/166
Douglasville, GA 30135
404-966-5208**